

# SALTWOOD CARE CENTRE

RESIDENTIAL & NURSING HOME



Exceptional Care  
*by the sea*

[saltwoodcarecentre.com](http://saltwoodcarecentre.com)

# Our Services

✓ Highly Qualified and experienced staff

✓ All staff recruited locally, with no routine agency use

✓ Work closely with local GP practices although use own if preferred

✓ Visiting GP, Dentist, Chiropodist, Hairdresser, Optician and Clergy

✓ Bespoke care plans

✓ Warm and inviting atmosphere

✓ No restrictions on visiting times



# Nursing Care

At Saltwood, we have earned an outstanding reputation for our exceptional nursing care facilities.

Our dedicated team of highly qualified care professionals are available 24/7 to deliver personalised nursing and personal care, tailored to the unique needs of each resident. Here, we ensure every individual receives the utmost attention and support they deserve.



# Residential Care

Saltwood pride ourselves on providing exceptional residential care in beautifully furnished rooms, luxuriously decorated, comfortable communal indoor living, and picturesque outdoor spaces with spectacular views of the sea, and exquisite Kent countryside. We understand that each resident's needs are unique and take time to create bespoke care plans to offer the right level of exceptional support for each of our residents. We warmly welcome family and friends, encouraging visits to share a meal or simply spend quality time together. Our goal is to create a nurturing environment where everyone feels at home.





## Saltwood Care Centre

Saltwood Care Centre is a large, spacious building located on Tanners Hill, Hythe which is just a short walk to Hythe High Street. Originally built over 100 years ago as a convalescent home for London Transport staff, the building has been refurbished and extended to now provide 66 single bedrooms. There are two lounges, which overlook the landscaped gardens and offer stunning views out to sea.



## Our Ethos

At Saltwood commitment to delivering exceptional care for our residents is unrivalled. Our ethos centres around fostering a serene, refined, and nurturing environment that encourages our residents to lead as fulfilling, engaging, and independent lives as possible. From the moment you step through our doors, you'll be greeted by first class hospitality and welcomed into beautifully decorated accommodations. Our delicious meals and warm, inviting atmosphere are designed to make every resident feel at home. Our aim is to create an inviting and comfortable sanctuary that feels like a cherished home away from home.

## Infection Control

Saltwood recognises its responsibilities and clearly communicates the safe working practices required for infection prevention and control to all staff.

Balgowan House is committed to minimising the risk of infection in our home by ensuring good standards of basic hygiene and applying universal infection control procedures.

Balgowan House achieves this through a robust risk assessment process, implementation of effective controls and the provision of PPE, appropriate training and equipment to all staff and visitors.

## Our Facilities

- ✓ Beautiful rooms with TV
  - ✓ Delicious and nutritious food
  - ✓ Nurse call systems
  - ✓ Choice of beautifully decorated communal areas
  - ✓ Individually designed, quality furnishing and décor throughout the home
    - ✓ Wi-Fi available throughout the home
- ✓ Comprehensive selection of moving and handling equipment
- ✓ Profiling beds with safety rails are available whenever required
  - ✓ Personalised range of pressure relieving mattresses and cushions
- ✓ Bath and shower facilities designed to suit all needs
  - ✓ Spectacular outdoor spaces



## Activities

We encourage residents at the home to fulfil their potential and lead active lives.

We have a dedicated Activities Coordinator who ensures that each resident can participate in activities tailored to them or as part of a group, daily.

Aside from the daily programme, we have weekly events from external groups, e.g. singers.

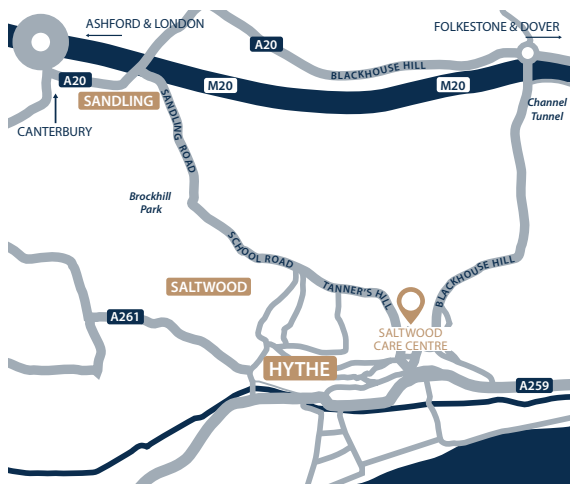
The ethos of the home is that every moment has the potential for a resident to be stimulated and engaged in fulfilling their social needs.



“Excellent care, room and facilities at Saltwood Care Centre. The staff are friendly and approachable at any time of the day, no request was too much for anyone.”

## Location

We are located within a short drive of the M20 (junction 11) with easy access to the centre of Hythe and bus routes with links to Folkestone, Canterbury and Romney Marsh. The nearest mainline stations are at Sandling and Folkestone with Ashford International station and Eurotunnel ten minute away.



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